

Target group	Adult learners
Setting	Frontal lectureGroup workIndividual work
Time	120 minutes

MATERIALS NEEDED

MATERIAL	Y/N
PROJECTOR	Υ
Flipchart	Υ
Printed handout	Υ
Other (please specify):Card-paper, colourd paper, colourd pens, printer	Y

ACTIVITY DESCRIPTION

Frontal lecture

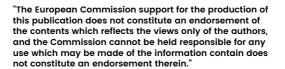
Digital media play an important role in children's lives. They offer them opportunities to learn, play and discover.

Raising children to use digital media responsibly is not easy parents. Increasing for digitalization during the Covidpandemic poses new challenges for parents and triggers many contentious issues within the family, such as screen time. When is it time for a chat, game, or movie break? need tips, creative **Parents** ideas on how their children can develop media literacy.

And instead of bans, children need clear rules about their digital activities.

Above all, talking to each other helps parents and children both to check their own media behavior and to learn from their own experiences.









ACTIVITY DESCRIPTION

Times of use and rules (PPP)

- Until 3 years
- 4-6 years
- 7-10 years
- 10 16 years

Finding rules - avoiding disputes

Work in groups

Brainstorming your own time of use (Board picture)
Brainstorming the children's time of use (Board picture)
exchanging ideas about guidelines that are fun for the children, fit into everyday family life, but also leave enough time for other activities. (round table)

Individual work

Create a media use contract, individually or collectively, e.g.:

https://youtu.be/pnlgVSriS_c

https://www.mediennutzungsvertrag.de/

Design media vouchers:

https://www.klicksafe.de/fileadmin/media/documents/pdf/klicksafe_Materi

<u>alien/Eltern_Allgemein/Mediengutscheine_klicksafe_Deutsch.pdf</u>







LEARNING GOALS

Digital skills

- Teach responsible use of media
- Find a good balance between digital and analog interests

Tipps for digital education as a support offer for parents

METHODOLOGY(S) USED

Frontal teaching

Lecture on the topic of media usage times, (material: PPP)

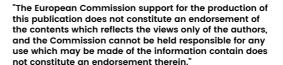
Work in groups

Exchange/discussion

Individual work

Review own media use behavior/Creative ideas for finding rules: media use contract/ media vouchers









ONLINE RESSOURCES

https://www.klicksafe.de/eltern/elternfragen-konkret/

https://www.schau-hin.info/grundlagen/medienzeiten-feste-

bildschirmzeiten-fuer-kinder-vereinbaren https://www.mediennutzungsvertrag.de/

https://www.eltern-medienfit.bz/de/10-tipps-1171.html

https://www.genitori-connessi.bz/it/10-consigli-per-genitori-1171.html



